



Biological Therapies

Bio-Logical Magnesium Complex Solution

ORAL LIQUID



Biological Therapies

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*"Magnesium Complex Solution
in a convenient liquid form
for fast absorption".*



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Description:

Bio-Logical Magnesium Complex Solution contains highly absorbable Magnesium compounds in a convenient liquid form and packaged in a tamper proof bottle. This product comes with a graduated dropper for ease of measurement. Bio-Logical Magnesium Complex is an ideal dose form for people who have difficulty swallowing pills or capsules.

Composition:

Each 1mL of Bio-Logical Magnesium Complex Solution contains:

- 50mg of elemental Magnesium derived from 50.0mg of Magnesium amino acid chelate,
- 12.4mg of Magnesium citrate,
- 359.8mg of Magnesium chloride.

These forms are all highly absorbable forms of Magnesium. Bio-Logical Magnesium Complex is already in solution so requires no digestion in the gut.

Bio-Logical Magnesium Complex Solution is free from added sugars, yeast, starches, gluten, wheat, corn, other cereals, dairy products, flavouring, colouring and preservatives.

Indications:

To be used for the treatment of Magnesium deficiency. Aids or assists in the prevention of muscular cramps and spasms.

Product Warning:

If symptoms persist consult your health care practitioner.

Dosage:

Adults: Using a dropper take 1mL daily in a glass of water or juice, or as directed by your practitioner.

Children: 5 years and older may take the adult dose. Children less than 5 years: Please consult your practitioner.

References:

- Firoz M, Graber M; Bioavailability of US commercial Magnesium preparations, Magnes Res 2001 Dec; 14(4):257-62.
- Johnson S; The multifaceted and widespread pathology of Magnesium deficiency. Med Hypotheses. 2001 Feb; 56(2):163-70.
- Roffe C, Sills S, Crome P, Jones P; Randomised, cross-over, placebo controlled trial of Magnesium citrate in the treatment of chronic persistent leg cramps. Med Sci Monit. 2002 May; 8(5):CR326-30.
- Young GL, Jewell D; Interventions for leg cramps in pregnancy. Cochrane Database Syst Rev. 2002;(1):CD000121.

